

VIRGINIA SWIMMING LSC RECORDS

LC METERS

as of: 8/13/2014

Women

Men

10&Y

Bernetta McGuire	RVSI	14-Jul-95	29.57	50 Freestyle	29.85	30-Jul-09	US	Chad Stickle
Trisha Blackwell	RAYS	16-May-94	1:04.16	100 Freestyle	1:05.72	7-Aug-96	RACE	Adam Farnham
Miranda Kirtley	GATR	7-Aug-13	2:20.27	200 Freestyle	2:18.99	25-Jun-10	GATR	Keith Myburgh
Miranda Kirtley	GATR	7-Aug-13	4:52.86	400 Freestyle	4:51.11	29-Jul-10	GATR	Keith Myburgh
Jennifer Lushao	NOVA	14-Jun-91	34.06	50 Backstroke	34.18	5-Aug-98	FTE	David Walters
Jennifer Lushao	NOVA	17-May-91	1:13.05	100 Backstroke	1:14.80	10-Aug-10	GATR	Keith Myburgh
Lauren Barakey	TIDE	3-May-13	38.20	50 Breaststroke	38.58	8-Aug-90	RAYS	Danny Pyle
Katie Hoff	UNAT	18-May-00	1:25.70	100 Breaststroke	1:24.76	11-Aug-04	NOVA	Robert DeWolff
Stephanie Jones	TIDE	5-Aug-98	32.02	50 Butterfly	31.24	25-May-85	BRAC	Ryan Bradley
Zoe Dixon	NOVA	13-Jun-14	1:10.94	100 Butterfly	1:12.06	30-Jul-09	CYAC	Brian Hynes
Katie Hoff	UNAT	18-May-00	2:37.75	200 Ind Medley	2:35.93	29-Jul-10	GATR	Keith Myburgh
Mountjoy, Burden, Allen, Billings	BRAC	1-Aug-85	2:08.13	200 Free Relay	2:07.22	28-Jul-11	NOVA	M. Whelan, N. Gaspar, P. Madden, N. Viers
C. Summerlin, E. Higgins K. John, M. Kirtley	GATR	25-Jul-13	4:42.13	400 Free Relay	4:40.35	28-Jul-11	NOVA	M. Whelan, N. Gaspar, N. Viers, H. Wiley
E. Ahmed, M. Tan, Z. Dixon, M. Ferguson	NOVA	24-Jul-14	2:23.08	200 Medley Relay	2:24.97	28-Jul-11	NOVA	N. Gaspar, C. Whiting, M. Whelan, P. Madden

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11-12

Julie Sablik	CCA	9-Aug-00	27.66	50 Freestyle	25.93	9-Aug-00	SMAC	Lee Robertson
Elizabeth Knorre	ODAC	20-Jul-90	1:01.06	100 Freestyle	57.47	9-Aug-00	SMAC	Lee Robertson
Elizabeth Knorre	ODAC	20-Jul-90	2:10.55	200 Freestyle	2:06.46	7-Jul-83	FTE	David Grazier
Madeleine Hadd	NOVA	26-Jul-12	4:31.32	400 Freestyle	4:25.04	8-Aug-12	LY	Steven Mills
Madeleine Hadd	NOVA	26-Jul-12	9:22.30	800 Freestyle	9:12.17	21-Jun-12	GATR	Keith Myburgh
Madeleine Hadd	NOVA	26-Jul-12	17:48.71	1500 Freestyle	17:34.83	26-Jul-12	GATR	Keith Myburgh
Olivia Bray	GATR	24-Jul-14	31.73	50 Backstroke	29.12	7-Aug-13	RPST	Luke Durocher
Olivia Bray	GATR	24-Jul-14	1:08.51	100 Backstroke	1:05.07	7-Aug-13	RPST	Luke Durocher
Olivia Bray	GATR	1-Aug-14	2:23.26	200 Backstroke	2:16.71	25-Jul-02	NOVA	Tom Sheranek
Georgia Johnson	RAYS	24-Jul-14	34.95	50 Breaststroke	33.65	13-Aug-92	RAYS	Danny Pyle
Blair Carnes	NOVA	8-Aug-07	1:17.22	100 Breaststroke	1:12.71	12-Aug-09	CGBD	James Kegelman
Rebecca Rainer	NOVA	23-Jun-06	2:43.34	200 Breaststroke	2:37.86	12-Aug-09	CGBD	James Kegelman
Olivia Bray	GATR	24-Jul-14	29.46	50 Butterfly	27.57	25-Jul-13	RPST	Luke Durocher
Whitney Hedgepeth	TOP	6-Aug-83	1:04.36	100 Butterfly	1:02.23	25-Jul-13	RPST	Luke Durocher
Olivia Bray	GATR	1-Aug-14	2:23.04	200 Butterfly	2:21.30	12-Jul-02	NOVA	Ian Vogt
Katie Hoff	TPHN	1-Jun-02	2:27.44	200 Ind Medley	2:20.52	7-Aug-13	RPST	Luke Durocher
Katie Hoff	TPHN	1-Jun-02	5:08.35	400 Ind Medley	5:03.19	16-May-14	PSDN	Adam Kerr
O. Bray, M. Kirtley, C. Summerlin, B. Knisely	GATR	24-Jul-14	1:56.73	200 Free Relay	1:52.32	24-Jul-14	NOVA	A. Camurdan, J. Oberle, H. Sundlun, R. Hutcherson
O. Bray, M. Kirtley, C. Summerlin, B. Knisely	GATR	24-Jul-14	4:16.43	400 Free Relay	4:10.28	25-Jul-13	NOVA	C. Whiting, D. Ripol, N. Viers, M. Whelan
E. Worrell, R. Rainer, T. Dula, A. Brown	NOVA	28-Jul-05	2:10.45	200 Medley Relay	2:03.78	24-May-02	NOVA	Wren, Arencibia, Vogt, Brown
C. Summerlin, E. Higgins, O. Bray, B. Knisely	GATR	24-Jul-14	4:43.90	400 Medley Relay	4:41.48	24-Jul-14	NOVA	J. Oberle, D. Hellams, R. Hutcherson, A. Camurdan

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Men

13-14

Clare Wooddall-Gainey	GATR	31-Jul-01	26.76	50 Freestyle	24.5	25-Jul-13	PSDN	Cody Bollinger
Clare Wooddall-Gainey	GATR	31-Jul-01	57.87	100 Freestyle	52.84	2-Aug-94	CGBD	Brett Cline
Remedy Rule	SMAC	14-Jul-11	2:05.51	200 Freestyle	1:56.37	2-Aug-94	CGBD	Brett Cline
Ginny Johnson	UNAT	8-Feb-96	4:19.11	400 Freestyle	4:04.56	21-Jul-11	QDD	Henry Campbell
Ginny Johnson	UNAT	8-Feb-96	8:51.42	800 Freestyle	8:25.26	25-Aug-82	BRAC	Jeff Utsch
Ginny Johnson	UNAT	8-Feb-96	16:50.14	1500 Freestyle	16:20.23	25-Aug-82	BRAC	Jeff Utsch
Remedy Rule	SMAC	1-Jul-11	1:04.08	100 Backstroke	59.85	28-Jul-05	NOVA	Tom Sheranek
Remedy Rule	SMAC	1-Jul-11	2:17.22	200 Backstroke	2:09.28	14-Jul-05	NOVA	Tom Sheranek
Olivia Ross	PSDN	17-Jul-08	1:11.96	100 Breaststroke	1:07.11	24-Jul-14	GATR	Keith Myburgh
Katie Hoff	TPHN	17-Jul-03	2:34.59	200 Breaststroke	2:25.02	24-Jul-14	GATR	Keith Myburgh
Darby Chang	ODAC	29-Jul-90	1:02.36	100 Butterfly	58.14	24-Jul-14	RPST	Luke Durocher
Remedy Rule	SMAC	8-Aug-11						
Remedy Rule	SMAC	8-Aug-11	2:12.92	200 Butterfly	2:07.31	30-Jul-13	NOVA	David Dixon
Katie Hoff	TPHN	5-Aug-03	2:16.97	200 Ind Medley	2:12.02	1-Aug-85	PSDN	Keith Eberle
Katie Hoff	TPHN	5-Aug-03	4:50.82	400 Ind Medley	4:35.57	24-Jul-14	GATR	Keith Myburgh
M. Morello, A. Slayton, C. Marsteller, A. Larson	CGBD	17-Jul-14	1:49.74	200 Free Relay	1:42.58	25-Jul-13	NOVA	D. Dixon, J. Johnson, A. Rose, C. Nystrom
B. Gvozdaz, E. Provenzo, M. Hadd, E. Koegl	NOVA	25-Jul-13	4:05.06	400 Free Relay	3:47.27	19-Jul-12	SEVA	Schwegel, Becouvarakis, C. Stickle, J. Spires
R. Rule, J. Arnold, N. Hunt, O. Heeb	SMAC	14-Jul-11	8:52.97	800 Free Relay	8:19.43	29-Jul-12	SEVA	J. Spires, N.Schwegel, C. Stickle, Z. Becouvarakis
A. Larson, C. Marsteller, A. Slayton, A. Hoover	CGBD	24-Jul-14	2:05.32	200 Medley Relay	1:53.83	28-Jul-05	NOVA	T. Sheranek, J. Litz, K. Shaw, R. Anthony
C. Areson, B. Barnes, M. Robinson, N. Gray	NOVA	30-Jul-09	4:32.12	400 Medley Relay	4:06.98	10-Jun-04	NOVA	D. Wren, J. Arencibia, I. Vogt, G. Brown

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Men

15-16

Clare Wooddall-Gainey	GATR	12-Aug-02	26.21	50 Freestyle	23.89	25-Mar-04	TPHN	David Walters
Rebecca Jones	TIDE	29-Jun-08	56.72	100 Freestyle	50.60	5-Aug-13	NOVA	Townley Haas
Whitney Hedgepeth	VACS	27-Jul-87	2:01.94	200 Freestyle	1:50.34	5-Aug-13	NOVA	Townley Haas
Jessie Gvozdaz	NOVA	5-Aug-13	4:15.42	400 Freestyle	3:51.99	5-Aug-13	NOVA	Townley Haas
Rachel Naurath	NOVA	4-Aug-08	8:46.22	800 Freestyle	8:08.71	14-Aug-84	BRAC	Jeff Utsch
Rachel Naurath	NOVA	4-Aug-08	16:47.78	1500 Freestyle	15:51.98	14-Aug-84	BRAC	Jeff Utsch
Madison Hahn	US	22-Jul-10	1:03.22	100 Backstroke	57.04	27-Jul-09	RAYS	Josh Friedel
Kallie Golden	PSDN	10-Aug-09	2:14.37	200 Backstroke	2:01.70	27-Jul-09	RAYS	Josh Friedel
Rebecca Rainer	NOVA	17-Mar-09	1:11.35	100 Breaststroke	1:04.38	11-Jan-07	PSDN	Stuart Ferguson
Rebecca Rainer	NOVA	17-Mar-09	2:31.69	200 Breaststroke	2:19.26	5-Aug-14	NOVA	Charlie Swanson
Remedy Rule	SMAC	5-Aug-13	1:01.41	100 Butterfly	55.75	30-Jul-14	NOVA	Ted Schubert
Remedy Rule	SMAC	5-Aug-13	2:11.32	200 Butterfly	2:03.13	27-Jul-09	RAYS	Josh Friedel
Whitney Hedgepeth	VACS	4-Aug-86	2:18.47	200 Ind Medley	2:07.08	22-Jul-13	QDD	Henry Campbell
Rebecca Rainer	NOVA	17-Mar-09	4:50.39	400 Ind Medley	4:26.38	6-Aug-99	NOVA	Bo Greenwood
K. Jones, K. Iverson, H. Hoffert, C. Buscaglia	QSTS	25-Jul-10	1:50.32	200 Free Relay	1:39.62	20-Jul-13	SEVA	Giusto, McLaren, Robbins, Morrisette
A. Titley, A. Brown, A Haulsee, R. Naurath	NOVA	4-Aug-08	3:53.92	400 Free Relay	3:36.92	16-May-14	NOVA	J. Johnson, F. Schubert, C. Swanson, A. Schultz
R. Naurath, A Haulsee, A. Brown, A. Titley	NOVA	17-Mar-09	8:18.64	800 Free Relay	7:57.36	30-Jul-13	NOVA	J. Larsen, J. Cortright, G. Brown, F. Schubert
K. Tomenchok, O. Ross, M. Boswell, E. Maltby	PSDN	21-Jul-11	2:03.47	200 Medley Relay	1:52.71	27-Jul-14	GATR	A.Cargill, A. Russo, K.Fonder, J.Austin
E. Worrell, R. Rainer, R. Naurath, A. Titley	NOVA	17-Mar-09	4:17.68	400 Medley Relay	4:00.91	16-May-14	NOVA	W. O'Brien, C. Swanson, F. Schubert, J. Johnson

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Men

17-18

Meredith Vay	QSTS	25-Jul-14	25.97	50 Freestyle	22.9	15-May-14	FUAC	Ali Khalafalla
Emily Lloyd	UVAA	2-Aug-11	56.21	100 Freestyle	49.69	6-Aug-14	NOVA	Townley Haas
Whitney Hedgepeth	VACS	8-Aug-88	2:00.31	200 Freestyle	1:48.75	30-Jul-14	NOVA	Townley Haas
Rachel Naurath	NOVA	3-Aug-10	4:13.14	400 Freestyle	3:52.01	30-Jul-14	NOVA	Townley Haas
Rachel Naurath	NOVA	10-Aug-09	8:44.88	800 Freestyle	8:01.82	30-Jul-14	NOVA	Townley Haas
Rachel Naurath	NOVA	10-Aug-09	16:36.72	1500 Freestyle	15:37.95	27-Mar-01	UVA	Ian Prichard
Kerry O'Hanlon	NOVA	17-Aug-92	1:01.85	100 Backstroke	55.84	23-Mar-88	QDD	Jeff Rouse
Kerry O'Hanlon	NOVA	17-Aug-92	2:14.38	200 Backstroke	2:02.82	8-Aug-11	RAYS	Josh Friedel
Rebecca Rainer	NOVA	9-Aug-10	1:10.57	100 Breaststroke	1:01.99	30-Jul-13	TIDE	Austin Temple
Blair Carnes	NOVA	7-Aug-12	2:32.51	200 Breaststroke	2:17.84	31-Jul-89	RVAA	J. J. Freitag
Rachel Naurath	NOVA	3-Aug-10	1:00.44	100 Butterfly	54.25	4-Aug-08	GATR	Frederico Castro
Rachel Naurath	NOVA	3-Aug-10	2:09.65	200 Butterfly	2:00.31	4-Aug-08	GATR	Todd McGraw
Whitney Hedgepeth	VACS	8-Aug-88	2:16.36	200 Ind Medley	2:04.84	1-Mar-92	PAST	Kurt Jachimowski
Emma Nunn	NOVA	2-Aug-11	4:49.59	400 Ind Medley	4:23.14	28-Mar-00	NOVA	Bo Greenwood
G. Bishop, H. White, K. Zelinski, M. Loper	ODAC	21-Jul-11	1:49.90	200 Free Relay	1:37.10	25-Jul-09	PSDN	A. Aceino, W. Strait, S. Ferguson, S. Rairdon
R. Naurath, A. Haulsee, A. Brown, A. Titley	NOVA	25-Jul-10	3:57.27	400 Free Relay	3:39.48	25-Jul-09	CGBD	E. Rutherford, C. Cirillo, M. Wilcox, A. Skipper
A. Haulsee, E. Nunn, A. Brown, A. Titley	NOVA	21-Jul-11	8:30.57	800 Free Relay	8:03.39	30-Jul-13	PSDN	C. Zamparello, A. Drummond, M. Lynch, B. McCarthy
L. Pierce, S. Randall, L. Webb, E. Bartholomew	PSDN	23-Jul-09	2:05.54	200 Medley Relay	1:47.05	25-Jul-09	PSDN	S. Rairdon, S. Ferguson, W. Strait, A. Aceino
Coulson, Brinser, Hedgepeth, Burgess	VACS	27-Jul-87	4:22.78	400 Medley Relay	3:51.94	17-Mar-09	PSDN	S. Rairden, S. Ferguson, C. Borysewicz, A. Aceino

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OPEN

Sara Smith	UNAT	29-Jun-08	25.44	50 Freestyle	22.70	14-May-09	HOKI	Kann Tayla
Lauren Perdue	UVAA	2-Aug-11	55.49	100 Freestyle	49.69	6-Aug-14	NOVA	Townley Haas
Lauren Perdue	UVAA	25-Jun-12	1:57.75	200 Freestyle	1:48.75	30-Jul-14	NOVA	Townley Haas
Rachel Naurath	NOVA	2-Aug-11	4:10.64	400 Freestyle	3:51.99	5-Aug-13	NOVA	Townley Haas
Rachel Naurath	NOVA	2-Aug-11	8:41.07	800 Freestyle	8:01.82	30-Jul-14	NOVA	Townley Haas
Rachel Naurath	NOVA	10-Aug-09	16:36.72	1500 Freestyle	15:28.19	5-Aug-06	NOVA	John Millen
Ellen Williamson	UVAA	7-Aug-12	1:01.83	100 Backstroke	53.93	22-Aug-91	QDD	Jeff Rouse
Ellen Williamson	UVAA	7-Aug-12	2:12.04	200 Backstroke	1:59.37	1-Mar-92	QDD	Jeff Rouse
Jessica Botzum	UNAT	29-Jun-08	1:08.85	100 Breaststroke	1:01.99	30-Jul-13	TIDE	Austin Temple
Christine Olson	UVAA	2-Aug-11	2:30.48	200 Breaststroke	2:15.10	2-Aug-11	UNAT	Tyler Harris
Mary T. Meagher	ODAC	8-Aug-98	59.82	100 Butterfly	53.16	7-Jul-04	CGBD	Peter Verhoef
Mary T. Meagher	ODAC	8-Aug-98	2:09.13	200 Butterfly	1:58.65	23-Jul-09	UNAT	Todd McGraw
Kaitlyn Jones	CAV	6-Aug-14	2:14.57	200 Ind Medley	2:00.91	2-Aug-11	UNAT	Tyler Harris
Emma Nunn	NOVA	6-Aug-14	4:47.95	400 Ind Medley	4:17.63	3-Aug-10	PSDN	Tyler Harris
M. Babcock, C. Gary, K. Hough, C. Simmons	LIB	17-Jul-14	1:46.04	200 Free Relay	1:32.72	25-Jul-10	HOKI	K. Botha, K. Tayla, R. Ulatowski, E. Gregg
J. Lewis, S. Glover M. Evo, J. Witt	NOVA	31-Jul-07	3:51.23	400 Free Relay	3:28.83	12-Aug-02	NOVA	L. Wagner, C. Greenwood, J. Haag, L. Anderson
R. Naurath, A Haulsee, A. Brown, A. Titley	NOVA	17-Mar-09	8:18.64	800 Free Relay	7:37.87	30-Jul-14	NOVA	S. Erickson, F. Schubert, C. Swanson, F. Haas
E. Kaufman, L. Day, J. Reinhardt, M. Babcock	LIB	18-Jul-13	1:57.56	200 Medley Relay	1:44.67	18-Jul-13	PSDN	M. Latimer, A. Strait, F. Byrne, J. Rich
E. Worrell, R. Rainer, A. Titley, R. Naurath	NOVA	10-Aug-09	4:17.19	400 Medley Relay	3:49.82	14-Aug-01	NOVA	Greenwood, Baird, Finch, Anderson

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